Cutting to the Heart of the Matter

By Richard Manly

Communication Studies’ Guy Bachman knows love means having to say you’re sorry sometimes.

“When couples forgive, they have to talk,” said Bachman, a Huntington Beach resident who joined the university in 2002. “If they don’t talk, they avoid each other. Couples who don’t talk are less likely to forgive one another after a hurtful event.”

Bachman’s research focuses on how couples cope with hurtful events, including deception and infidelity. His current research includes nearly 300 participants who talked about having been hurt by something their partners had done or said. “People were more likely to report forgiving their partner when they were deeply hurt but their partner offered a sincere apology,” he said. “An apology is very important. It’s how you make that apology more than what you actually say. People were more likely to report receiving an apology when they believed the partner’s actions were unintentional. People were less likely to forgive partners who broke up with them. Sexual infidelity was another biggie.”

Bachman found in his research that those who forgave their partners for saying or doing something hurtful didn’t limit themselves to using conciliatory messages. “The hurt partners talked about their feelings and the relationships. Interestingly, they also engaged in negative messages, such as arguing and threatening to break up,” he said. “These may seem to be destructive forms of communication but what we found was that when people forgive, they were motivated to talk about the situation. We predicted couples interested in forgiveness would use constructive types of messages but our respondents didn’t always do polite things. They talked, but they often did it in a very negative way. But people who talk are more likely to forgive.”

Bachman found that the person who was hurt the most was more likely to forgive and use positive forms of communication. “I found that puzzling,” he said. “Why be nice to the person who just hurt you deeply?”

Bachman and his colleague, Laura Guerrero of Arizona State University, believe that the more you love someone and care for them, the more likely you will be to talk and not avoid in order to work things out. Bachman stated that most romantic partners do not mean to emotionally hurt each other. “But the point is that people

Maxson Farewell Celebration

Members of the campus community are invited to a farewell celebration honoring President Robert C. Maxson on Friday, Oct. 21.

Festivities will begin at 2 p.m. in the Walter Pyramid with refreshments and entertainment. Commemorating his tradition of walking with students from the residential halls to sporting events, students will meet at 2:15 p.m. at the Lyman Lough Fountain at Brotman Hall to escort him to the Walter Pyramid at 2:30 p.m. Those wishing to join the student walk-over with the president are welcome to participate. The formal program will begin at 3 p.m.

Please RSVP to 562/985-5136 by Monday, Oct. 17, if you plan to attend.

Presidential Candidates to Visit Campus

Candidates for the presidency of CSULB will visit campus the week of Oct. 17. Faculty, staff, students, alumni and community members are invited to attend an open forum to be held on separate dates with each of the candidates from 3-4 p.m.

The names of the candidates, as well as the specific dates and locations of the open forums, will be announced in a campus e-mail and at www.csulb.edu.

Continued on page six
Professor Leads Students on “Phenomenal” Trip

Armando Vazquez-Ramos, a Long Beach resident since he first attended CSULB as an EOF student in 1968 and a co-founder of the Chicano and Latino Studies Department, led 13 CSULB students to Mexico and Venezuela in July to attend the Tlahuica Center for Language and Cultural Exchange (CETLALIC) and the 16th World Festival of Youth and Students in Caracas, Venezuela.

“The trip was phenomenal. The excursions and activities we had in two weeks of travel and study in Mexico were replete with new findings and experiences that were very enriching to both students and myself. The 16th World Festival of Youth and Students in Caracas, Venezuela, was outstanding. CSULB was a microcosm of the young people who were part of the 17,000 participants from 144 countries and all the continents on Earth,” said Vazquez-Ramos, who received both his bachelor’s and master’s degrees from CSULB in Chicano Studies and Psychology, respectively. “This is only the most recent in a series of visits by our students to CETLALIC.”

CETLALIC was founded in 1987 as an alternative school, integrating intensive study of the Spanish language with experiential cultural learning and analysis of contemporary issues. Students study Spanish while expanding their knowledge of the region’s cultural, socio-economic, and political realities, making connections between the U.S. and Mexico today. It is a language school, one of several in Cuernavaca that offer unique and progressive language acquisition programs that incorporate into the study of Spanish and Mexican culture instruction, Spanish and Mexican culture instruction, various workshops and intramural sports. activities included visits around Venezuela to learn about social and economic reform programs, art exhibitions, theater performances, cultural events and concerts, an international Hip Hop Summit, various workshops and intramural sports.

“In their first-ever trip to the festival, our students had the chance to do everything from talking to a delegation of Iraqi students, discussing social reforms with Venezuelans and sharing strategies with Indian trade unionists to reviewing the effects of NAFTA with Mexican and Canadian students and exchanging health care ideas with young South Africans,” said Vazquez-Ramos.

The festival gave CSULB students the chance to meet other students like themselves who will be the future’s professionals and leaders.

“It enhanced the scope of their thinking and ideas,” said Vazquez-Ramos. “Students are required to submit a term paper that reflects the complexity of their experience, the language skills they acquired and the understanding of culture, society and politics they gained in Mexico and Venezuela.”

In its fifth year of operation at CSULB, the California-Mexico Project is largely supported by private donations, funds generated through the annual Latino Political Roast Banquet organized by Vazquez-Ramos, and university funding from the International Education Committee and Instruction Related Activity fund.

Mark LeVine To Speak Oct. 25

The Center for International Education (CIE) will host an evening with Mark LeVine – scholar; journalist; musician; activist; and associate professor of modern Middle Eastern history, culture and Islamic studies at the University of California, Irvine – on Tuesday, Oct. 25, from 5:30-7 p.m., in the University Student Union, Ballroom A.

LeVine will share his vast knowledge of the Middle East and discuss his new book, *Why They Don’t Hate Us: Lifting the Veil on the Axis of Evil*, which explores the roots of the current conflict between the United States and the Muslim world, and advocates an “Axis of Empathy” as the only strategy that can bring about a long-term solution to the current situation. A book signing will follow LeVine’s presentation.

For more than a decade, LeVine has lived and worked in the Middle East, from Morocco to Iraq. He has held positions as a scholar at the International Center for Advanced Studies at New York University, the Society for Humanities at Cornell University and the Robert Schuman Centre for Advanced Studies at the European University Institute in Florence, Italy.

As a journalist and commentator, LeVine has appeared on news programs such as “The O’Reilly Factor,” “The News Hour with Jim Lehrer,” KCET’s “Life and Times,” and written articles for the *New York Times*, *Washington Post*, *Salon Magazine*, *Le Monde*, *The Christian Science Monitor*, *Middle East Report* and *Asia Times*. He is also a regular guest on NPR Radio, KPFK, Radio Pacifica and WBAI.

His other books include *Twilight of Empire: Responses to Occupation; Overthrowing Geography: Jaffa, Tel Aviv and the Struggle for Palestine*; and *Religion, Social Practice and Contested Hegemonies: Reconstructing Muslim Public Spheres*.

This event is free and open to the public. For more information, contact CIE’s Linda Olson-Levy at 562/985-8440.
UAM Secures Three Grants

Ilee Kaplan, associate director of the University Art Museum, received three grants this summer to support the UAM’s educational programs.

The Institute of Museum and Library Services granted $184,102, combined with $10,000 from the Dwight Stuart Youth Foundation, to support the school programs Eye to Eye/Ear to Ear Teen Docent Program and EnvisionArt, while the California Community Foundation awarded $38,061 to update and enhance the UAM’s Web site.

“We are thrilled and delighted to receive funding,” said Kaplan, a Long Beach resident who joined the university in 1994. “The Teen Docent Program, for example, is as big or small as we have funding. The more money we have, the more expansive we can make the program.”

The Institute of Museum and Library Services is an independent federal grant-making agency dedicated to creating and sustaining a nation of learners by helping libraries and museums serve their communities. The institute fosters leadership, innovation and a lifetime of learning by supporting the nation’s 15,000 museums and 122,000 libraries and encourages partnerships to expand the educational benefit of libraries and museums. The Dwight Stuart Youth Foundation board of trustees is composed of the four sons and sister of the late Carnation heir Dwight Stuart. The mission of the foundation is to support organizations that provide direct services and experiences to underserved children and youth so they can gain the skills, values and confidence to achieve their potential.

The California Community Foundation has funded the future of Los Angeles since 1945. In partnership with its donors, the foundation supports nonprofit organizations and public institutions with funds for health and human services, affordable housing, early childhood education, community arts and culture and other areas of need.

The Teen Docent Program, Eye to Eye/Ear to Ear, works with art education students at CSULB and helps them train high school students to go into area schools to give presentations about the UAM’s exhibitions. The UAM’s education curator and the CSULB art education students work on a six-week training course for high school students to help them learn to develop lesson plans and how to tour exhibitions.

Maxsons, Six Others Make Up 2005 Class for Athletics Hall of Fame

The inductees for the 2005 class of the Long Beach State Athletics Hall of Fame will include President Robert C. and Dr. Sylvia Maxson. The eight-member class also includes Bill Barnett (Olympic coach/water polo), Thomas Dean (administration), Art Johnson (community), Herb Lusk (football), Brita Bolane (Schwelm) (women’s volleyball), and Morlon Wiley (men’s basketball).

The Hall of Fame, established in 1986, will add those eight members to its roster, bringing the total to 180. This year will mark the 20th class to be inducted into the Long Beach State Athletics Hall of Fame.

The Hall of Fame class of 2005 will be inducted at the 49er Hall of Fame dinner on Thursday, Oct. 20, at the Hyatt Regency Long Beach. The cost to attend is $75 per person and $750 per table of 10.

The 19th Annual Hall of Fame Golf Tournament will be held on Monday, Oct. 3, at the Old Ranch Country Club in Seal Beach. The awards dinner following the golf tournament will be held at the Old Ranch Country Club House. The cost is $250 per golfer and $1,000 per foursome. For tickets or further information, contact the 49er Athletic Association at 562/985-4662 or check the athletics Web site at www.longbeachstate.com.

“The IMLS grant will help the UAM update and enhance the UAM’s Web site so that it can include archives of past exhibitions and works from the collection so that students can do research online.”

“The high school students visit middle and elementary schools to make presentations. The high school students and the museum’s own docent council conduct tours when these middle and elementary schools visit the UAM,” said Kaplan. “We have seniors and we have university, high school, middle school and elementary school students so we cover the whole range with this program. One of our goals is to introduce high school students to a university campus. Another is to enhance student career goals, presenting the arts as a possible career path and introducing art to younger children so that they have some sense of who we are as a museum and encourage them to visit exhibitions. Everyone gets a little something.”

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“We try, especially as a contemporary art museum, to show the latest in design,” she said. “The Web site is our window to a huge community. We decided it was an important thing to work on.”

Kaplan thinks one reason for the triple funding this summer is the UAM’s level of achievement. “We have good ideas and we do a good job,” she said. “When we received grants in the past, we have been told that the UAM had the highest-ranked projects, which says to me that our programs are interesting, exciting and unique.”
CSULB Receives $500K Kec Foundation Grant

A Center for Education in Proteomic Analysis (CEPA) – the first of its type in The California State University system – is being established at CSULB with a $500,000 grant from the W. M. Kec Foundation.

CEPA will provide students and faculty throughout the CSU system with access to a state-of-the-art proteomics facility for both research and instruction. It is part of CSULB’s Institute for Integrated Research on Materials, Environment and Society (IIRMES), an interdisciplinary research center developed by the university’s colleges of Natural Sciences and Mathematics (CNSM) and Liberal Arts. Faculty and students from biology, chemistry, biochemistry, geology, physics and astronomy, as well as geography and anthropology utilize its sophisticated array of equipment. Funded largely by the National Science Foundation, the university and other organizations such as the W. M. Kec Foundation.

Proteins perform essential roles in all biological processes, and proteomics is the study of some or all of the thousands of different proteins contained within an organism, tissue or cell. Through proteomic analysis, scientists seek to understand how function correlates with the complete protein composition of a biological system under normal or diseased states.

The W. M. Kec Foundation grant together with CSULB funds will help purchase a suite of instruments that include a Perkin-Elmer pTOF 2000 matrix-assisted laser desorption ionization orthogonal time of flight mass spectrometer, and the hiring of a staff technician. It is anticipated that the acquisition of the instrumentation will enable the hiring of a faculty member with specific expertise in proteomics who will help coordinate CEPA activities.

Douglas McAbee, chair of the Department of Chemistry and Biochemistry, and Andrew Z. Mason, professor of biological sciences and IIRMES director, will be initially responsible for overseeing CEPA.

“Our mission as educators requires us to inform students how technological advances applied to genomics, proteomics and bioinformatics have provided the practical means to address fundamental questions in the life sciences,” McAbee said.

“The fairly recent advent of soft-iodination mass spectrometry provides investigators with the technological means to answer crucial questions that previously were impractical or impossible to address.”

He said that proteomics labs are common at research institutions, “but these facilities are used almost exclusively for research applications. What sets CEPA apart, we believe, is its mission to train students in proteomic analysis.

“It is important to stress that CEPA will provide students and faculty throughout the CSU system with access to a state-of-the-art proteomics facility for both research and instruction,” McAbee added. This is underscored by the fact that the proposal funded by the W. M. Kec Foundation listed 15 senior investigators from several CSU campuses, was supported by the Strategic Planning Council of CSUPERB, and outlined instructional applications of the facility for courses and workshops for students at the high school, undergraduate and M.S. levels.

“Our college views student-faculty research as a proven and effective means to prepare and motivate young scientists,” said CNSM Dean Laura Kingsford. “Student participation is enriching and vital for their growth as scientists. We are highly committed to supporting faculty members in their research and, as such, put a high priority on providing ways to promote collaborations, share major resources and acquire state-of-the-art technologies. The establishment of CEPA will add another very important dimension to the training and research capabilities for students and faculty in this college and throughout the CSU system.”

“Because theory should not be divorced from practice, we must also equip students with the practical skills in the use of the latest technologies so that we can provide a trained, educated work force for biotechnological industries and the employment demands of the next decade,” Mason said.

“The CSU system has an excellent reputation for producing graduates with practical, hands-on laboratory experience and employers have always commented that the CSU produces students who are every bit as good, and often better than those graduating from the UC system. This is in part because of our emphasis on laboratory classes and undergraduate research.”

IIRMES also houses the CSUPERB (California State University Program for Education and Research in Biotechnology) Core Facility for Elemental Micro-Chemical Analysis (FEMCA). By sharing equipment and expertise, CSUPERB core facilities located at several CSU campuses provide educators, researchers and students, both in the CSU and elsewhere, with a variety of fee-based analytical services. FEMCA, once operational, will become part of FEMCA. "The intellectual horsepower of the molecular life and chemical sciences at CSULB has long been underestimated and under-appreciated," said A. Stephen Dahms, CSUPERB executive director and professor of chemistry at San Diego State University. “CSULB has been brought to the forefront of the CSU in key separation and analytical technologies that underpin modern biotechnology.”

DENSO Foundation Awards $75K Grant to Engineering

The DENSO North America Foundation (DNAF) has awarded the College of Engineering at CSULB a three-year, $75,000 grant to establish a non-destructive testing laboratory and to support the Society of Automotive Engineers’ (SAE) student Mini-Baja and Formula team cars. The lab will give students hands-on experience in quality control by learning procedures and using equipment to identify defects in manufactured parts without destroying their functionality.

“Establishment of a nondestructive testing laboratory at CSULB will add great value to quality control education, which will prove a significant benefit to both students and industry alike for years to come,” said Parviz Yazavi, professor of mechanical and aerospace engineering and the lab’s coordinator. “We are very fortunate to have the support of companies like DENSO who support the College of Engineering for development of curriculum and laboratories.”

Each year, a team of CSULB students enters the Mini-Baja West Challenge, which requires entrants to design and construct a single-seat, off-road recreational vehicle capable of negotiating a two-mile course of rough terrain without damage to the vehicle or driver. The vehicle must be manufactured for not more than $3,000 in a hypothetical production run.

The main objective of the Formula SAE competition is to create cars that can be designed and produced for less than $25,000. Each team is required to create a manufacturing process – a kind of virtual factory – that maps out an assembly line, puts it all together, and presents why and how the car was built and how four vehicles can be produced per day.

“These projects are essential and invaluable for our students,” commented Hamid Rahai, professor of mechanical and aerospace engineering and the SAE faculty advisor. “They apply their knowledge in practice and in this process, they become outstanding practical engineers. They can compete very well in this competitive market.”

“The DENSO North America Foundation has provided tremendous support for our engineering and technology programs, and especially for our students for more than five years,” added Mike Mahoney, dean of the College of Engineering. “We really appreciate their generosity.”

DENSO Corporation, headquartered in Japan, is a leading global supplier of advanced technology, systems and components.

Supplier Expo Set for Oct. 12

The Purchasing Office will sponsor its 14th annual CSULB Campus Supplier Exposition on Wednesday, Oct. 12, from 10 a.m. to 2 p.m. in the Multipurpose room of the University Student Union. All staff and faculty are invited to attend.

The event features more than 40 vendors who have been invited to the show to demonstrate their products, including businesses that sell computer filing systems, office furniture, office supplies, printed forms, janitorial and lab supplies, and classroom furniture.

This year, the campus community will be introduced to OfficeMax, the new office supply vendor. Representatives will be on hand with many of its suppliers to demonstrate the latest in office supplies. Also attending will be Prison Industries Authority, Steelcase, and a host of other companies. On-campus suppliers such as the Department Copier Program, Print Shop, and Mail Operations, will also be on hand.

The Campus Supplier Expo is an exhibition where selected vendors/suppliers come and demonstrate their products and services, often featuring new and improved items.

No sales take place, but suppliers usually have free samples, often in exchange for a business card. Attendees may win one of several door prizes, and everyone is invited for refreshments.

For further information, call Cathy Bishop at 562/985-5766.
Chrysanthemum Show, Koi Auction Scheduled for Japanese Garden

A pair of annual events will once again be held in the Earl Burns Miller Japanese Garden at CSULB this fall. The garden’s Chrysanthemum Show takes place Sunday, Oct. 30, from noon to 4 p.m. The event is presented by the Japanese Garden, Long Beach City College Horticulture Department and the Orange County Chrysanthemum Society (OCCS).

Award-winning chrysanthemum flowers will be showcased in this nationally-juried Chrysanthemum Society of Orange County show. Chrysanthemums, Japan’s Imperial symbol, will be placed throughout the garden. All of these flowers, as well as the popular bedding mums, will be available for purchase throughout the day. Proceeds from the flower sale will benefit the Japanese Garden educational programs and OCCS.

“The Japanese have a long tradition of creating life-size dolls out of chrysanthemum flowers,” said Alison Redfoot, The Japanese Garden’s education coordinator. “The Japanese Garden is excited to join in this practice with its own living chrysanthemum doll featured at this year’s event.”

Every year the Japanese Garden presents a wide selection of chrysanthemum varieties and uses, and this year is no exception. The event includes wine and tea tasting, floral displays and art activities.

Admission is $10 for adults, $5 for seniors, $3 for Japanese Garden members and free for children 12 and under. Proceeds from the sale benefit the Japanese Garden. The Earl Burns Miller Japanese Garden is located on Earl Warren Drive, directly across from Lot 16 on the Cal State Long Beach campus.

For more information on either the chrysanthemum show or koi auction, call 562/985-8885.

Scholarships Available Through Women and Philanthropy Program

For the seventh consecutive year, the Women and Philanthropy program at CSULB will award scholarships ranging from $500 to $1,500 to qualified re-entry students. Deadline for application is Monday, Oct. 24. Those awarded scholarships will be recognized in January during a reception with members of the Women and Philanthropy organization and the campus community.

Women and Philanthropy was formed in 1996 to give public recognition for the generous gifts of women throughout the history of CSULB. Made up of alumnae, faculty, staff and friends of the university, members make financial contributions to

the university to support scholarships and volunteer their time on campus in areas corresponding to their individual interests.

General qualification criteria for applicants include being a re-entry student (returning to school after a five-year absence), an undergraduate 25 years of age or older, be presently enrolled with six or more units, have an overall grade point average of 3.0 and the ability to demonstrate financial need.

To date, 45 scholarships totaling $52,000 have been awarded, providing assistance to returning students who would otherwise find it difficult to complete their education.

For additional information regarding the scholarships or membership in Women and Philanthropy, contact Barbara Holden at 562/985-4126.

Stone Named Employee of the Month

Laura Stone, a library assistant in the University Library and Long Beach resident, was selected by her peers as CSULB’s most recent employee of the month.

Stone was saluted in a special ceremony held on Friendship Walk near the University Student Union, which was renamed Laura Stone Lane.

President Robert C. Maxson praised Stone for her dedication to every aspect of her job.

“Laura goes above and beyond and is more than willing to give of her time, knowledge and expertise when it comes to assisting faculty, staff and students,” Maxson said. “Her work ethic is complemented by a caring personality which means her colleagues always can count on Laura.”

“I am very honored to have been nominated along with my colleagues, Boutsaba Janetvily and Robert Ferrari, who do a fantastic job and really care about their work,” said Stone, who earned her bachelor of science degree in community health education from CSULB in 1979. “My first job for CSULB was as a student assistant working in the University Library’s copy center. I started working as staff for the University Library in 1980 where my initial position was as a computer operator for the library’s first computer system (CLIS). I then worked for the circulation/reserve book room of the library.”

Stone is a Library Assistant II and works in the library’s Technical Services/Cataloging Department where she catalogs records mostly for federal documents, California documents, serials, periodicals and the union list. “My work can be highly detail-oriented and challenging at times, which suits me,” said Stone.

Stone believes there are several reasons why she may have been nominated, including her long-standing service to the university. “I have been serving a three-year term as one of two staff representatives from the library to the Staff Council. I specifically serve on the Special Events Committee that organizes numerous events for staff (President’s Breakfast for Staff, Sparktacular, Cherishing the Children Toy Drive, Staff Supper Club, Staff Day and Staff Picnic),” she explained. “These events, which are often subsidized by the president’s office and the 49er Shops, are a way of thanking staff for their hard work and increase the sense of community as well as boost morale.”

Beyond CSULB’s beautiful peach trees and campus art, she’s also married to Craig Stone – a professor, who is a joint appointment here at CSULB in American Indian Studies and the Art departments – whom she met 30 years ago in the campus dorms when they were both students.

When she isn’t working as a cataloguer, Stone enjoys dancing. Inspired by her daughter, Lauren, who is a working actress/choreographer in Los Angeles, she began taking jazz and tap dancing two years ago.

“I had my first dance recital last year which was my own personal challenge,” she said. “I love to dance because it keeps my mind active as well as being a fun and painless way of exercising.”

Stone is glad she made the choice to join the CSULB family as a staff member 25 years ago. “CSULB is a nice place to work and I enjoy my job and the people I work with. I plan on retiring 12 years from now when I’m 62 with 37 years of service!” she exclaimed.

Stone received several gifts including a CSULB sweatshirt, two admissions to the Aquarium of the Pacific, two coupons for burgers at Tommy’s, lunch for two at the El Dorado Golf Course Restaurant, a $10 certificate for Dale’s Diner and a $25 certificate for the Blue Café.
STAFF Applause

Earning Staff Applause honors in this issue are Allan Kellogg, Student Services and Thuy Nguyen, Academic Computing Services.

Open Enrollment Period Continues

The open enrollment period for health, dental, flexcash, health and dependent care reimbursement account changes will continue through Oct. 15. Changes made during this period will become effective on Jan. 1.

The dependent and health care reimbursement plans require re-enrollment every year, even if an employee wishes to continue the same contribution amount. Current participants must complete a new enrollment form.

Please review your plans carefully; premium rates have increased, and Blue Shield HMO will add two hospitals back to the group. Hoag Memorial Hospital in Newport Beach and St. Mary Medical Center in Long Beach will return to the Blue Shield HMO network on Jan. 1.

For more information, contact Payroll and Benefit Services at 562/985-4164.

Evacuation Drill Set for Oct. 11

A campus-wide emergency evacuation drill is scheduled for 1:15 p.m., Tuesday, Oct. 11. Complete evacuation of each building is expected, with the drill taking approximately 30 minutes to complete. The evacuation exercise will be initiated by the campus public address system and building alarms and its termination will be announced by the campus PA system and building marshals.

For more information on the evacuation drill, contact Sgt. Scott Brown of the University Police at ext. 5-1992.

Job/Internship Fair to Be Held Oct. 13

The campus community is invited to attend the Fall 2005 Job and Internship Fair from 1-5 p.m. on Thursday, Oct. 13, at the University Student Union. More than 150 employers are expected to participate in the annual event coordinated by the Career Development Center. Organizations representing a variety of fields including accounting, law enforcement, marketing, engineering, teaching, finance, sales and healthcare will be in attendance. A partial list of attendees includes Amanecer Community Counseling Services, Argent Mortgage, BP, California Department of Toxic Substances Control, City of Long Beach, City of Los Angeles, ConocoPhillips, KTLA-TV, MTV Networks, and the Peace Corps.

Employers will seek students interested in entry-level career positions as well as internships and part-time employment.

In the weeks leading up to the job fair, the Career Development Center will offer a series of workshops to help students prepare a marketable resume for job searches, learn effective interviewing techniques, and successfully navigate their way through the job fair.

After the fair, job seekers may sign up for interviews to be held at the Career Development Center with employing organizations by logging onto BeachLINK at http://careers.csulb.edu.

Faculty and staff are requested to share this information with students. For further information, contact Phyllis Milani at 562/985-8461.

The Heart of the Matter

Continued from page one

in relationships hurt each other all the time,” he said. “We found a great many of those in relationships lie or say cruel things to each other. It is very common.”

Bachman is also interested in social support. What is it that people say and do to comfort others?

“My research shows there really are no magic words” to comfort others. There seems to be two central things involved for effective comforting, personality and relationship factors,” he said. “What we have found is that individuals who are secure in their relationships or attachments tend to perceive that their friends and intimate partners are the most effective in providing social supportive communication.”

In two recent studies, Bachman found people rate more rewarding partners and those who are closer as being more effective in providing supportive messages than those who are perceived as less rewarding.

“The more rewarding the relationship is, the more effective the message is perceived. For many years, it has been assumed that the type of supportive message is what matters. There is no a golden type of messages,” he said. “My research seems to back up the notion that perception is the key to supportive communication. What people actually say to help others cope with distressful situations may not be as important as how they are perceived by the distressed person. All it may take is being near a good friend, a few kind words, a hug or someone who listens well. The distressed might think, ‘God, I’m glad I have someone on my side.’”

Bachman’s advice for a happy relationship is build relational insurance.

“You’re bound to hurt your partner’s feelings and you’d better have some insurance before that happens,” he said. “Love them while you can. Be as nice to your partner as you can. Relationships wear down and partners start to take each other for granted. Partners often feel they don’t have to put on a nice, smiling face in front of each other all the time. That’s the wonderful thing about watching people fall in love. They act their best and are careful about what they say. They are angels. They get together in their love nest and build their little home. After that, they become less and less nice to one another. But the key is being able to talk and staying positive. Be able to talk and be comfortable with each other. Realize your partner is not perfect. But you aren’t either.”

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and staying positive. Be able to talk and be

comfortable with each other. Realize your

partner is not perfect. But you aren’t either.”
Jerry Ball. Mathematics, has published a haiku in the September Mainichi, a national publication in English in Japan. Submissions are worldwide and normally 10 are selected each month. The haiku reads:

the pretense of gold
in the shape of a mountain
Cusco Cathedral

This was written as an impression of the legacy of the conquest of Peru. Ball has been a haiku writer since 1975 and has published worldwide.

R. Christopher Burnett. Journalism, co-authored a newswriting textbook, Newswriter’s Handbook, due out in the spring. Blackwell is the publisher.

Lesley Farmer. Educational Psychology, Advising and Counseling, taught for the master’s degree program in Library and Information Management at the University of Hong Kong this past summer. Also, she served as the external examiner for the diploma for teacher librarianship under the auspices of HKU’s School of Professional and Continuing Education and taught two courses in research and enquiry and initiated a collection of management courses. In August, she attended the annual conference of the International Association for School Librarianship, held for the first time in Hong Kong.


Maridith Janssen. Recreation and Leisure Studies, has been invited to serve a two-year term as the educators’ representative on the Board of Directors of the California Board of Recreation and Park Certification. This is the governing board for the state therapeutic recreation certification program.


Beth Lau. English, published the article “Class and Politics in Keats’s Admiration of Chatterton” in the Keats-Shelley Journal, No. 53 in 2004. In August, she read a paper titled “Jane Austen, the Imagination and the Romantic Canon” at the British Association for Romantic Study conference in Newcastle, UK.

Paulino Lim. English, chaired a panel and read a paper, “Revelations in Recent Asian-American Anthologies,” at the Hawaii International Conference on the Humanities in January. His second fiction anthology, Curacao Cure and Other Stories, has just been published by Anvil in Manila.

Liz Philipose. Women’s Studies, presented a paper titled “The Politics of Pain and the End of Empire” at the Women’s Worlds Congress in Seoul this summer. She also attended the Summer Institute on Feminist Minority Studies at Cornell University as a Mellon Fellow and has joined the larger and ongoing Future of Minority Studies project as a result. During the 2005-06 academic year, Philipose is serving as the Ruth Wynn Woodward Endowed Professor in Women’s Studies at Simon Fraser University, Vancouver, Canada.


Clifton Snider. English, published an article, “Synchronicity and the Trickster in the IMPORTANT OF BEING EARNEST,” in THE WILDEAN, No. 27. He also had a residence grant at The Helene Wurlitzer Foundation of New Mexico, Taos, from Aug. 2-24.


My Mother’s Bolivian Kitchen: Recipes and Recollections

José Sánchez-H., professor, Film and Electronic Arts Department

Published in 2005 by New York-based Hippocrene Books, My Mother’s Bolivian Kitchen is filled with reminiscences of a child’s growing up in Bolivia, recipes from a mother’s kitchen and drawings and paintings created by Art’s Domenic Cretara. Written in response to the loss of his mother to a drunk driver’s irresponsibility, the 226-page cookbook is as much a response to grief as it is an overview of Bolivian culture and cuisine. “Writing the book helped me accept the fact that she was gone,” said Sánchez-H., a Long Beach resident who joined the university in 1986. “It helped the pain to heal.” More than a cookbook, My Mother’s Bolivian Kitchen is a memoir of a Bolivian childhood. In addition to a comprehensive collection of Bolivian recipes for everything from saltiflas (meat-filled pastries) and quinoa soup to picante de pollo (spicy chicken), Sánchez-H. shares many childhood memories. He takes the reader to his Aunt Nazaria’s 69th birthday party to feast on picante de pollo con chuño (spicy duck with freeze-dried potatoes); to observe El Dia de Todos Santos (All Saints Day) when bread is baked in honor of the deceased; and camping in the mountains where the memory of his mother’s food leads him home. His favorite recipe is picante de pollo (spicy chicken), one of Bolivia’s most popular dishes. “Bolivia has 1,290 kinds of potatoes and this one involves my favorite, chuño phuti, which are sautéed, freeze-dried potatoes,” he said. “Although the word picante means spicy in Spanish, the dish can be adjusted for different tastes. My mother didn’t include the seeds of the chili; therefore, her picante de pollo didn’t entirely live up to its name.” The positive response his book received from both readers who know him and others has given Sánchez-H. a way to reflect on this tribute to his mother. “People called and sent e-mails to tell me how much they were touched by the memoirs. One person in particular had a great story about being able to come to terms with the loss of her father in a dream she had. She told me she could identify with the experience I described in the afterword of the book.”
Calendar

Continuing
“Beach View,” hosted by President Robert C. Maxson, airs on Charter Cable (Channel 3 in Long Beach) Thursdays at 6 p.m. The interview schedule is Oct. 6, Jose Rodriguez, assertive communication for managers and supervisors; Oct. 13, David Whitney, how beliefs affect hazard management; Oct. 20, Sarah Arrayo, impact of technology on writing; Oct. 27, Jan Schroeder, fitness and exercise for the elderly. Other segments of “Beach View” can be seen Mondays at 1, 5 and 7 p.m. and at 6 p.m. on Fridays, Saturdays and Sundays on the CSULB Channel (18 in Long Beach and 25 in Lakewood).

Tuesday, Aug. 30 – Sunday, Oct. 30

Tuesday, Oct. 4
Woodwind Chamber Concert, directed by John Barcellona, 8 p.m., Gerald Daniel Recital Hall.

Wednesday, Oct. 5
University Art Museum: Zeitlin Lecture by Sam Durant, 5 p.m., University Theatre. Fee is $12, free to CSULB students, faculty and staff. For information/tickets, call 562/985-5761.

Latin American Film Series presents Bolivian films: “Mina Alaska” and “Vuelve Sebastiania (Come Back, Sebastiania).” Prior to screenings, film preservationist Josef Lindner will discuss film restoration, 7 p.m., University Theatre. Admission is free. For information, call Jose Sanchez-H at 562/985-7661.

Friday, Oct. 7
Women’s Soccer vs. Cal Poly; 3 p.m., George Allen Field.

Friday, Oct. 7 – Saturday, Oct. 22

Saturday, Oct. 8
Men’s Water Polo vs. Princeton, 10 a.m., campus pool.

The 2005-06 Beach Scholarship Concert Series: “The Musica Caliente Concert.” Performances by Incendo, Ricardo Lemvo and Makino Loca, and Quetzal, 7 p.m. (doors open at 6 p.m.), Walter Pyramid. For information/tickets, call 562/985-2549.

Sunday, Oct. 9
Women’s Soccer vs. UC Santa Barbara, 1 p.m., George Allen Field.

Kennedy Center Imagination Celebration on Tour presents the musical “Alexander, Who’s Not Not Not Not Going to Move,” 2 and 5 p.m., Carpenter Performing Arts Center.

Studio One Jazz Concert, led by Jeff Jarvis, 3 p.m., University Theatre.

Thursday, Oct. 13
Twelve O’Clock Tick-Tock, Concert on the UAM lawn by Holy Hydraulics, noon. For information/tickets, call 562/985-5761.

Latin American Film Series presents “Farmingville” directed by Carlos Sandoval and Catherine Tambini, 7 p.m., University Theatre. Sandoval will introduce the film, with a Q&A session afterwards. Admission is free. For information, call Jose Sanchez-H at 562/985-7661.

Wind Symphony, directed by John Carnahan, 8 p.m., Gerald Daniel Recital Hall.

Thursday, Oct. 13 – Sunday, Oct. 16
CSULB Dance Center Dancers in Faculty Dance Concert, at 8 p.m. from Oct. 13-15, at 2 p.m. on Oct. 16. For information/tickets, call 562/985-7000.

Friday, Oct. 14
World Food Day Teleconference titled “Reflections on Fighting Hunger: Roads Not Taken; Goals Not Met: The Journey Ahead,” 8:30 a.m.-noon, UTC-127. Special guest speaker Frances Moore Lappe. For information, call 562/985-4440.

Women’s Volleyball vs. Cal State Fullerton, 7:30 p.m., Walter Pyramid.

Women’s Volleyball vs. UC Riverside, 7 p.m., Walter Pyramid.

Rita Coolidge and Air Supply, 8 p.m., Carpenter Performing Arts Center.

Tuesday, Oct. 18
Women’s Soccer vs. Idaho, 3 p.m., George Allen Field.

Symphonic Band, 8 p.m., Gerald Daniel Recital Hall.

Wednesday, Oct. 19 – Thursday, Oct. 20
Club Carpenter Cabaret presents Paul Williams, dinner 6 p.m., cabaret performance 7 p.m., Carpenter Performing Arts Center.

Thursday, Oct. 20
Latin American Film Series presents “Como el gato y el raton (A Game of Cat and Mouse),” 7 p.m., University Theatre. Admission is free. For information, call Jose Sanchez-H at 562/985-7661.

Friday, Oct. 21
Women’s Soccer vs. UC Davis, 3 p.m., George Allen Field.

Friday, Oct. 21 – Sunday, Oct. 23
Musical Theatre Revue presents selections from favorite Broadway and Off-Broadway musicals, Gerald Daniel Recital Hall, 8 p.m. on Oct. 21-22 and 4 p.m. on Oct. 23.

Friday, Oct. 21 – Saturday, Nov. 5
The University Players present “The Lark” by Jean Anouilh, Players Theatre. For information/tickets, call 562/985-7000.

Saturday, Oct. 22
Men’s Water Polo vs. Stanford, noon, campus pool.

Sunday, Oct. 23
Men’s Water Polo vs. Pepperdine, noon, campus pool.

Monday, Oct. 24
Q&A session with Larry Mantle of National Public Radio, Anatiol Conference Center (AS-110), time to be determined. For further information, call 562/985-4546.

Tuesday, Oct. 25
Depression Awareness and Education Day. 9 a.m.-1 p.m. Information table with literature, film presentation of “The Truth About Suicide: Real Stories of Depression in College” with a follow-up discussion, and a guest speaker from the Depression and Bipolar Support Alliance. For information on various events, call 562/985-4001.

Thursday, Oct. 27
“Sex Discussed Here,” featuring sex and relationship educators Marshall Miller and Dorian Solot, time and location to be determined. For further information, call 562/985-4546.

Composers’ Guild, 8 p.m., Gerald Daniel Recital Hall.

Thursday, Oct. 27-Friday, Oct. 28
Pink Floyd Laser Spectacular, 7 p.m., Carpenter Performing Arts Center.

Friday, Oct. 28
Women’s Volleyball vs. Cal Poly, 7:30 p.m., Walter Pyramid.

World Percussion Concert, 8 p.m., Gerald Daniel Recital Hall.

Saturday, Oct. 29
University Symphony Orchestra presents Spoktacluar, its annual musical celebration of Halloween, 4 and 8 p.m., Gerald Daniel Recital Hall.

Women’s Volleyball vs. UC Santa Barbara, 7 p.m., Walter Pyramid.

Sunday, Oct. 30
Women’s Soccer vs. GSU Fullerton, 1 p.m., George Allen Field.

Faculty Artist Series presents The Debussy Trio, 8 p.m. For further information/tickets, call 562/985-7000.

Tuesday, Nov. 1
Women’s Basketball vs. Love & Basketball (exhibition), 7:30 p.m., Walter Pyramid.

Thursday, Nov. 3

Studio II Jazz Ensemble directed by Ray Briggs, 8 p.m., Daniel Recital Hall.

WHO’S INSIDE

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